

This video demonstrates a range of key counselling skills in working with clients with both mental health and drug related problems. It is an invaluable tool for mental health and drug workers who encounter clients with co-existing mental health and drug problems in the course of their work. Featuring interviews in both alcohol and drug, as well as mental health settings, it illustrates the commonalities across the two areas.

This program features two counselling sessions:

Session 1 -

A young woman concerned about her anxiety and panic attacks, as well as her amphetamine use. She presents at a mental health agency.

Session 2 -

A man, referred by his doctor for alcohol related problems, is also suffering from depression. He presents at an alcohol and drug agency.

The Interviews illustrate:

- General counselling skills
- Assessment of both drug and mental health concerns
- Motivational interviewing
- Interaction between mental health and drug related problems

Time: 34 minutes

Contact:
SUSHI PRODUCTIONS
P.O. Box 717 Mount Lawley
Western Australia, 6929

Mental Health & Drug Problems
THERAPEUTIC JOURNEYS

THERAPEUTIC JOURNEYS

Mental Health
& Drug Problems



SERIES ONE
WORKING
with **ADULTS**



© COPYRIGHT
SUSHI
PRODUCTIONS
2003